



## **AMREF INTERNATIONAL UNIVERSITY**

### **University Examinations School of Medical Sciences**

### **Department of Health Psychology**

**2021 Academic Year: April/August 2021 Semester Examination**

**COURSE CODE:** ADMH103  
**COURSE TITLE:** ADVANCED INTERVIEWING SKILLS & PRACTICUM  
**TIME:** 2 HOURS  
**DATE:** 05/08/2021  
**START:** 4:00 STOP: 6:00 PM

#### **Instructions**

1. Write your University registration number on every booklet that you use
2. Do not write on the question paper
3. This paper consists of 4 Questions

***Read carefully additional instructions preceding each section***

**SECTION A: COMPULSORY (30 MARKS)**

**Question 1:**

- a. Explain the meaning of the term “interviewing” as used in counselling **(5 marks)**
  
- b. Justify the use of questioning skill in counselling **(10 Marks)**
  
- c. Using relevant examples, discuss FIVE main challenges you may experience as a multicultural counsellor **(15 Marks)**

**SECTION B: Answer TWO Questions (40 Marks)**

**Question 2:**

- a. Below are statements from a client. Illustrate how you would respond to the client using “reflection of feelings skill” **(5 marks)**

***Client:** “I feel great! I’ve finally done it. I’ve quit my job! I was just so frustrated at work, I couldn’t take it anymore. It’s OK though, because the next week I picked up a job closer to home and more pay! I can’t believe it, I feel like a weight is been lifted off my shoulders. I just couldn’t see it before. Here I was worrying all the time when I should have moved on long ago. I felt pretty scared for a couple of days though, feeling sorry for myself, not knowing how long I’d be out of work. But hey, look, both my wife and I are on top of the world”.*

***Counsellor:** ....*

- b. Below are examples of basic counseling skills. Explain 2 reasons for using each skill and provide an example.
  - i. Reflection of meaning **(3 marks)**
  
  - ii. Reframe **(3 marks)**

- iii. Confrontation (3 marks)
- iv. Immediacy (3 marks)
- v. Focusing (3 marks)

**Question 3:**

- a. Justify the need for maintaining ethical and professional standards in interviewing and counselling. (10 Marks)
- b. Examine the three stages model of the counselling process (10 Marks)

**Question 4:**

- a. Develop a script in which you are conducting the informed consent process (10 marks)
- b. Create critical questions you would ask when gathering information regarding (i) developmental milestones and (ii) medical history of a client (10 Marks)