

Access Physiotherapy Guide

1 Navigate to <https://library.amref.ac.ke/>

2 Click "Library off-campus Access" to access library e-resources



[Home](#) [About](#) [Resources](#) [Library off-campus Access](#)
[Institutional repository](#) [News & Updates](#)

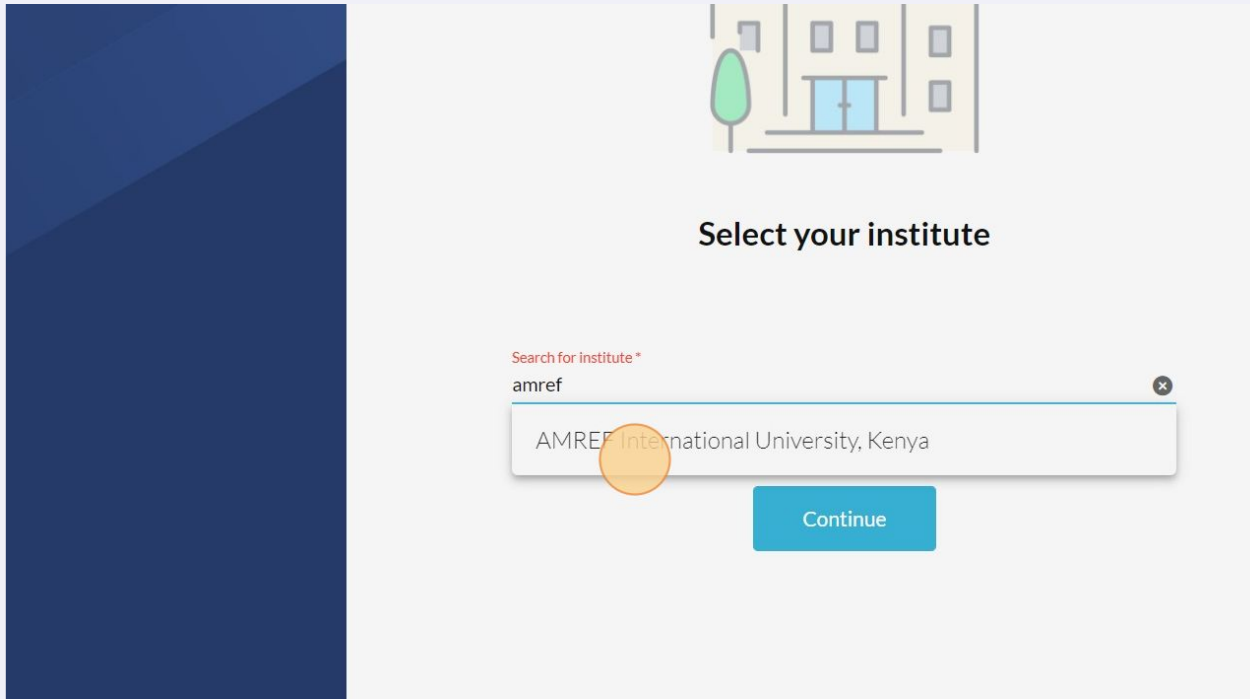
•••
Menu



Amref International University
Library

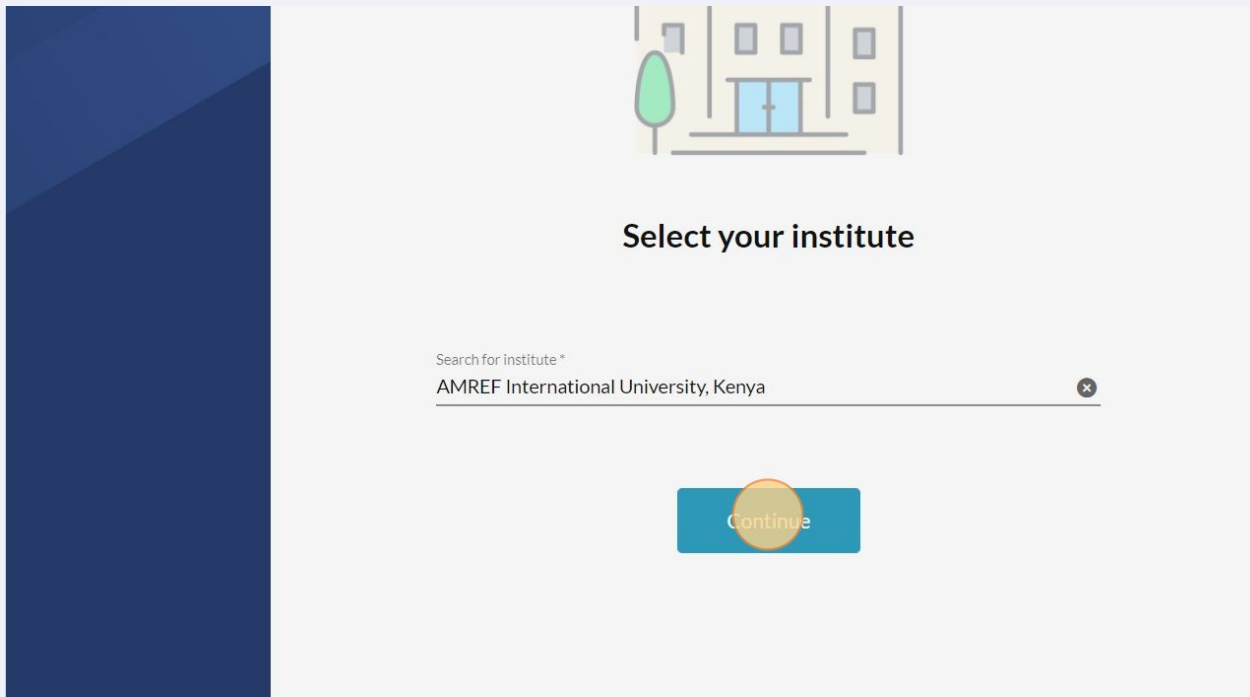
3

Click the "Search for institute *" field , type Amref and select "AMREF International University, Kenya"



4

Click "Continue"



5 Sign in using your credentials (Myloft email and password)

Institutional sign in
Sign in with email associated with your institution

AMREF International University, Kenya

Email *
wanmwangi01@gmail.com

Password *
.....

Forgot password? [Sign in](#)

Don't have an account? [Sign Up](#)

6 Click "Add Extension" to add MYLOFT browser extension, add to chrome.

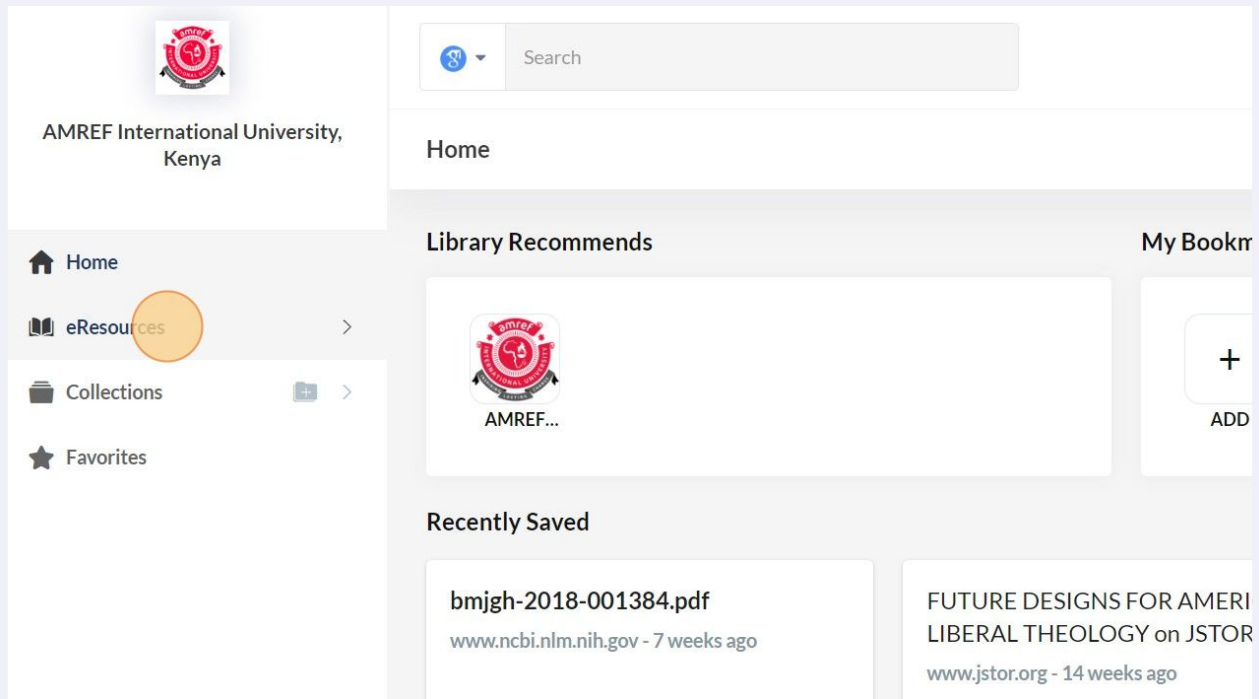
Library Recommends My Bookmarks EM

MYLOFT browser extension is required to access your library subscribed eResources and start saving articles. Click the "Add Extension" button to install or enable the MyLOFT browser extension.

My Bookmarks

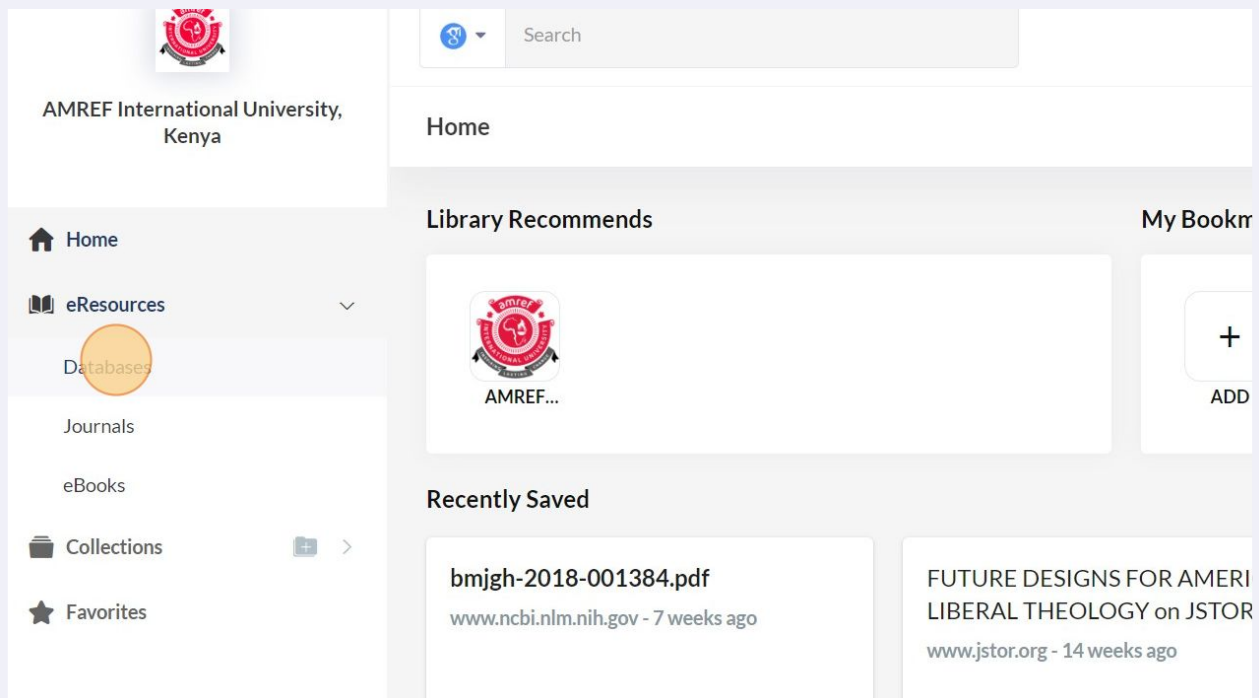
+
ADD

7 Click "eResources"



The screenshot shows the AMREF International University library website. The header includes the university logo and name, a search bar, and a 'Home' link. The left sidebar contains a navigation menu with 'Home', 'eResources' (highlighted with an orange circle), 'Collections', and 'Favorites'. The main content area features 'Library Recommends' with a card for 'AMREF...' and a 'My Books' section with an 'ADD' button. Below this is a 'Recently Saved' section with two items: 'bmjgh-2018-001384.pdf' from www.ncbi.nlm.nih.gov (7 weeks ago) and 'FUTURE DESIGNS FOR AMERICAN LIBERAL THEOLOGY on JSTOR' from www.jstor.org (14 weeks ago).

8 Click "Databases"



The screenshot shows the AMREF International University library website with the 'Databases' menu item highlighted in the left sidebar. The sidebar menu includes 'Home', 'eResources', 'Databases' (highlighted with an orange circle), 'Journals', 'eBooks', 'Collections', and 'Favorites'. The main content area is identical to the previous screenshot, showing 'Library Recommends', 'My Books', and 'Recently Saved' sections.

9 Click "AccessPhysiotherapy"

The screenshot shows the library website for AMREF International University, Kenya. On the left is a navigation menu with options: Home, eResources (selected), Databases, Journals, eBooks, Collections, and Favorites. The main content area is titled 'eResources | Databases' and features four resource cards: 'AccessPhysiotherapy' (with a red circle highlighting the text), 'Bioline International', 'BIR Publications', and 'BMJ Journals'. Each card includes a logo and a star icon for bookmarking.

10 Access Quick Reference materials

The screenshot displays the AccessPhysiotherapy website. At the top, there are links for 'McGraw Hill Medical', 'Support', and 'Subscribe'. The main header features the 'ACCESS Physiotherapy' logo. Below the logo is a horizontal navigation menu with items: Books, Quick Reference (highlighted with a red circle), Drugs, Multimedia, Cases, Study Tools, NPTE® Review Prep, and PTA Course ar. A search bar is located below the menu, containing the text 'AccessPhysiotherapy' and 'Search AccessPhysiotherapy'. The main content area shows a carousel of book covers, including 'DUTTON'S ORTHOPAEDIC' and 'PHARMACOLOGY FOR THE PHYSICAL THERAPIST'. At the bottom, there are links for 'Browse Books by Topic' and 'Get Alerts'.

11 "Quick Answers"

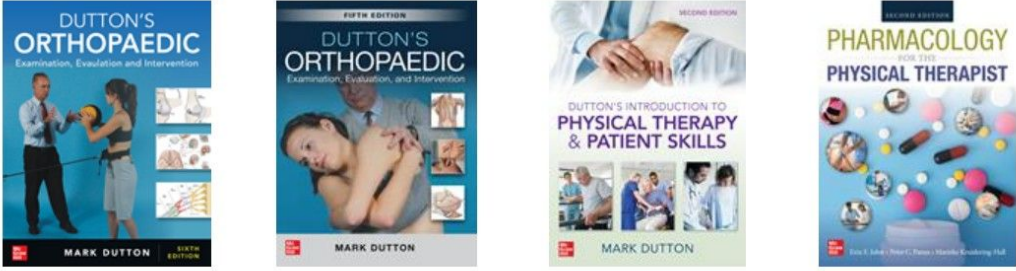
McGraw Hill Medical Support Subscribe

ACCESS ▶ Physiotherapy®

Books Quick Reference Drugs Multimedia Cases Study Tools NPTE® Review Prep PTA Course ar

Quick Answers physiotherapy Search AccessPhysiotherapy

Outcome Measures Toolbox



←

⋮ Browse Books by Topic Get Alerts

12 Access Books

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ACCESS ▶ Physiotherapy®

Books Quick Reference Drugs Multimedia Cases Study Tools NPTE® Review Prep PTA Course ar


AccessPhysiotherapy Search AccessPhysiotherapy

Home > Books >

Quick Answers: Physiotherapy

Eric Shamus

Search Textbook



A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

13 "Anatomy"

Books Quick Reference ▾ Drugs Multimedia ▾ Cases ▾ Study Tools ▾ NPTE® Review Prep PTA Course ar

AccessPhysiotherapy ▾ Search AccessPhysiotherapy

Books

Library ▾

Anatomy

Anatomy Dissection

Athletic Training

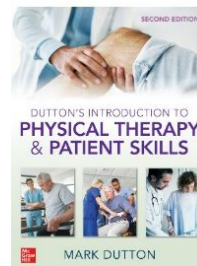
Biochemistry

Biomechanics/Kinesiology

Biostatistics

Textbooks

Tools ▾



Books

Library ▾

Anatomy

Anatomy Dissection

Athletic Training

Biochemistry

Biomechanics/Kinesiology

Biostatistics

Cardiovascular/Pulmonary

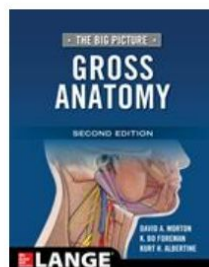
Clinical Sports Medicine

Documentation

Textbooks

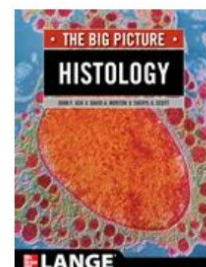
Tools ▾

Anatomy



The Big Picture: Gross Anatomy, 2e

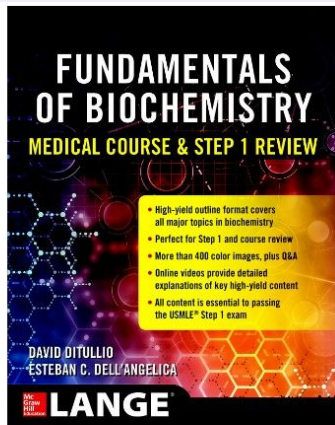
David A. Morton, K. Bo Foreman, Kurt H. Albertine



The Big Picture: Histology

Rick Ash, David A. Morton, Sheryl A. S.

15 "Chapter 1: The Cell"



Fundamentals of Biochemistry: Medical Course & Step 1 Review

David DiTullio, Esteban C. Dell'Angelica

[Go to Review Questions](#)

Search Textbook

[Chapter 1: The Cell](#)

[Chapter 2: DNA Structure & Synthesis](#)

[Chapter 3: Transcription & Translation](#)

[Chapter 4: Functions of Proteins](#)

[Chapter 5: Glucose Metabolism](#)

[Chapter 6: Carbohydrate Metabolism](#)

[Chapter 7: Amino Acid Metabolism](#)

[Copyright](#)

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[Preface](#)

[Guide to Formatting](#)

16 "2. OVERALL CELL STRUCTURE"

provides important foundation

b. This is an introductory chapter, so focus on understanding the layout of the cell. How organelles are organized and their core functions

c. Though some topics will come up in later chapters (as noted), focus on **clinical** concepts. The exam classically tests these basic concepts through Pharmacology

+ **2. OVERALL CELL STRUCTURE**

+ **3. PLASMA MEMBRANE**

+ **4. CYTOSOL**

+ **5. NUCLEUS**

+ **6. ENDOPLASMIC RETICULUM (ER)**

17 Download a section

Source: David DiTullio, Esteban C. Dell'Angelica: *Fundamentals of Biochemistry: Medical Course and Step 1 Review*
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Download Section
PDF

IC RETICULUM (ER)



RIA



18 Access "Cases"

McGraw Hill Medical

Support

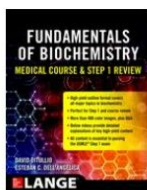
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ACCESS **Physiotherapy**

[Books](#) [Quick Reference](#) [Drugs](#) [Multimedia](#) [Cases](#) [Study Tools](#) [NPTE® Review Prep](#) [PTA Course and E](#)

AccessPhysiotherapy Search AccessPhysiotherapy

[Home](#) > [Books](#) > [Fundamentals of Biochemistry: Medical Course & Step 1 Review](#) >



Chapter 1: The Cell

Sections

Download Chapter PDF

Share

Get Citation

19 Click "Pharmacology for the Physical Therapist Cases"

The screenshot shows the top navigation bar of the AccessPhysiotherapy website. The 'Cases' dropdown menu is open, listing various case categories. The item 'Pharmacology for the Physical Therapist Cases' is highlighted with a yellow circle. Other items in the menu include Therapeutic Modalities, Clinical Neuroanatomy Cases, Ethics in Physical Therapy, Prosthetics and Orthotics Cases, Physical Therapy Case Files®: Acute Care, Physical Therapy Case Files®: Neurological Rehabilitation, Physical Therapy Case Files®: Orthopedics, Physical Therapy Case Files®: Pediatrics, and Physical Therapy Case Files®: Sports. The background shows a book cover for 'Fundamentals of Biochemistry: Medical Course & Step 1 Review' by LANGE.

20 Click "Listen"

The screenshot displays a case study page titled 'Drugs Affecting the Cardiovascular System' under the heading 'Pharmacology for the Physical Therapist Cases'. The page includes a 'View Contents' link and a navigation bar for 'Antiarrhythmic Drugs (10) / 31'. The 'Case Study' tab is selected, and a 'Listen' button with a speaker icon is highlighted with a yellow circle. The text of the case study begins: 'S.M. is a 42-year-old woman with a history of paroxysmal atrial fibrillation and is currently under the care of a cardiologist for these conditions. She has a body mass index of 30 kg/m² and several comorbidities. Her job requires her to examine carbon fiber aerospace components. The required physical motions include stacking objects weighing 8-15 lb and bending over. Two weeks ago, S.M. felt a sudden and extreme pain in the right lumbar area while sitting on the floor. She was transported to the emergency department and discharged on an oral anti-inflammatory drug. The patient was seen by the corporate physician 2 days later at a physical therapy clinic for pain relief and a return-to-work program. At the first appointment, she required assistance getting out of the vehicle passenger seat. Beyond activities of daily living, she has almost no physical activity. She has remained in bed or on the couch. Her current...

21 Access "Study Tools"

The screenshot shows the top navigation bar of the AccessPhysiotherapy website. The 'Study Tools' menu item is highlighted with a yellow circle. Below the navigation bar, the page title is 'Drugs Affecting the Cardiovascular System > Antidysrhythmic Drugs'. The authors listed are Erin E. Jobst, Peter C. Panus, and Marieke Kruidering-Hall. The page content includes a 'Case Study' and 'Case Conclusion' section.

22 Access "Review Questions"

The screenshot shows the 'Study Tools' dropdown menu open, with 'Review Questions' highlighted by a yellow circle. The page content is identical to the previous screenshot, showing the title 'Drugs Affecting the Cardiovascular System > Antidysrhythmic Drugs' and the authors 'Erin E. Jobst; Peter C. Panus; Marieke Kruidering-Hall'.

23 Click "Basic Biomechanics, 5e"

Review Questions

Selected NPTE® Exam

All Review Questions

Generate multiple-choice quizzes from the resources below.



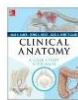
Basic & Clinical Biostatistics, 5e

56 Questions



Basic Biomechanics, 5e

658 Questions



Clinical Anatomy: A Case Study Approach

103 Questions



Clinical Neuroanatomy, 29e

100 Questions

24 You can "Start Random Quiz"



NOTE: A quiz may not include more than 250 questions. Quizzes cannot be saved.

Create Random Quiz

of 658 available

[Start Random Quiz](#)

Create Custom Quiz

Generate a custom quiz by selecting a number of questions from the available to "Custom Quiz" when ready.

[Start Custom Quiz](#)

of 50 available **Chapter 8. The Biomechanics of the Human Lower Extremities**

of 45 available **Chapter 7. The Biomechanics of the Human Upper Extremities**

of 41 available **Chapter 15. Human Movement in a Fluid Medium**

25 Navigate using "Search AccessPhysiotherapy" field.

The screenshot shows the top navigation bar of the AccessPhysiotherapy website. It includes links for 'Support', 'Subscribe', 'Sign In', and 'Amr'. Below the navigation bar is the 'Physiotherapy' logo and a horizontal menu with categories like 'ence', 'Drugs', 'Multimedia', 'Cases', 'Study Tools', 'NPTE® Review Prep', 'PTA Course and Board Review', and 'For Inst'. A search bar is prominently displayed, containing the text 'Search AccessPhysiotherapy' and a magnifying glass icon. Below the search bar, the search results for 'Basic Biomechanics, 5e' are shown. The results include a book cover image, the title 'Basic Biomechanics, 5e', the author 'Susan J. Hall', and links for 'Copyright | Preface | Authors'. A blue circle highlights the search bar in the original image.

26 Tutorial : https://www.youtube.com/watch?v=V4_cf2K-RUM